

Orienteering at Scammonden – CONTROL SHEET – Print off on back of map

Short Easier: 1.75km, 35m ascent. All controls are visible from the main path network. Wheelchair

Short Harder: 1.5km, 35m ascent. Some controls are off the main path network. \ accessible.

Long Low: 4.5km, 100m ascent – a full circuit of Scammonden Water - clockwise

Long High: 5km, 150m ascent – a full circuit of Scammonden Water – anti-clockwise at a higher level

Control Descriptions



A	Bridge	H	Path Junction	O	Fence End	V	Re-entrant
B	Wall End	I	Post	P	Ruined Wall	W	Road/Path Junction
C	Gate	J	Compass Point	Q	Path Junction	X	Pond (east end)
D	Depression	K	Path Jct.(east side)	R	Small Pond	Y	Stile
E	Crag Foot	L	Between Boulders	S	Building	Z	Stile
F	Path Junction	M	Road/Path Junction	T	Embankment	△	Start
G	Marsh	N	Post	U	Tunnel	◎	Finish

Courses (insert number from control post)

	1	2	3	4	5	6	7	8	9	10
Short Easier	B	O	F	R	J	K	H	////////	////////	////////
Short Harder	B	E	P	F	D	I	L	K	////////	////////
Long Low	B	F	Q	W	A	X	S	T	U	K
Long High	H	U	V	G	Z	C	Y	M	N	P
All Controls	A	B	C	D	E	F	G	H	I	J
	K	L	M	E	O	P	Q	R	S	T
	U	V	W	F	Y	Z	////////	////////	////////	////////

To check you have been to the correct controls a list of all control posts with their numbers is at www.scammonden.org.uk (Activities - Orienteering section).